Where m = 12-14
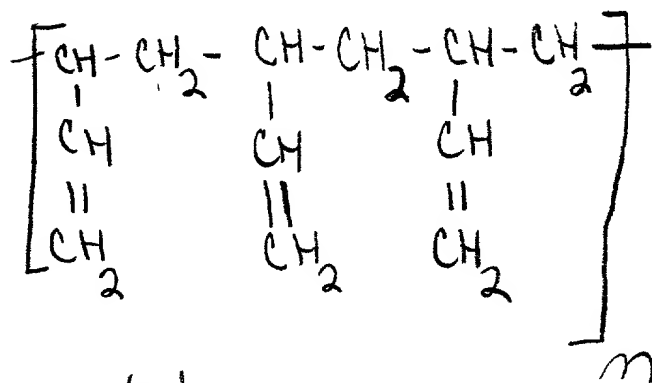
Fig 1



Where m = 16-18

Fig. 2